# F. Hayden Mulligan, MPAS, PA-C

# **University of Pittsburgh**

# **School of Health and Rehabilitation Sciences**

# **BIOGRAPHICAL**

Name: Frances Hayden Mulligan, MPAS, PA-C Business Address: 3420 Forbes Avenue

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EDUCATION and TRAINING			
UNDERGRADUATE			
2007-2011	Yale University New Haven, CT	Bachelor of Arts 2011	History of Science, History of Medicine
2013-2014	University of North Carolina - Greensboro Greensboro, NC	N/A	Postbaccalaureate Pre- PA studies
GRADUATE			
2015-2017	East Carolina University, Greenville, NC	Master of Science, 2017	Physician Assistant Studies
POSTGRADUATE			
2020	Duke University PA School Durham, NC	Certificate 2020	Duke Primary Care Preceptor Fellowship Program

# **APPOINTMENTS and POSITIONS**

**ACADEMIC** 

2018-2019 East Carolina University,

Greenville, NC

**Clinical Preceptor** 

2020-2022 Duke University,

Durham, NC

Director of PA Precepting for Duke Primary Care-Mebane office, Clinical Preceptor

Assistant Professor and Clinical

2022 – Present University of Pittsburgh

School of Rehabilitation

Sciences

Department of Rehabilitation Science and Technology Physician Assistant Studies

Hybrid Program Pittsburgh, PA

2022 - Present University of Pittsburgh

School of Rehabilitation

Sciences

Department of Rehabilitation Science and Technology Doctor of Physical Therapy

Hybrid Program Pittsburgh, PA

**Adjunct Faculty** 

Coordinator

**NON-ACADEMIC** 

2018 – 2020 Vance Family Medicine,

Henderson, NC

Primary Care Physician Assistant and Director of

**Prenatal Care** 

2020 - Present Duke Primary Care,

Mebane, NC

Primary Care Physician

Assistant, Wellness Champion, Clinical Coordinator for Reach

Out and Read Program

# **CERTIFICATION and LICENSURE**

2013

#### **SPECIALTY CERTIFICATION:**

Advanced Spanish Certification from US Peace

**Corps Service** 

Tutor Certification from College of Reading and Learning Association's International Tutor

Program

National Commission on Certification of Physician 2017 – Present

Assistants

American Red Cross Basic Life Support 2017 - Present

Nexplanon Insertion/Removal Certification 2019

# **MEDICAL or OTHER PROFESSIONAL LICENSURE:**

North Carolina Medical Board 2018 – Present

DEA License 2018 – Present

# **MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES**

National Peace Corps Association 2011 – Present

North Carolina Academy of Physician Assistants 2015 – Present

American Academy of Physician Assistants 2015 – Present

Duke Teaching Academy 2020 – Present

Physician Assistant Education Association 2022 – Present

Pennsylvania Society of Physician Assistants 2022 – Present

# **HONORS**

1<sup>st</sup> Place in Health Promotion Work in Province of 2012

Chota, Peru

1st Place in Duke University writing contest for

"The COVID Chronicles"

2020

#### **PUBLICATIONS**

1. Mulligan, Hayden. Hobart and William Smith Colleges. In: Yale Daily News Staff, editors. Insider's Guide to Colleges. New York: St. Martin's Publishing Group; 2009-2013. p. 550-552.

- Cartmel B, Ferrucci LM, Spain P, Bale AE, Pagoto SL, Leffell DL, Gelernter J, Mayne, ST. Indoor tanning and tanning dependence in young people after a diagnosis of basal cell carcinoma.
   JAMA Dermatology [in press]. 2013 Sep 1; 149(9): 1110-1111. Available from:
   <a href="https://jamanetwork.com/journals/jamadermatology/fullarticle/1708453">https://jamanetwork.com/journals/jamadermatology/fullarticle/1708453</a>
  - Collected and aggregated data from completed surveys for further analysis.
- 3. Mulligan, Hayden. The COVID-19 Chronicles: PA Shares Frontline Account. AAPA News Central Website [Internet]. 2020 Jul 31. Available from: <a href="https://www.aapa.org/news-central/2020/07/the-covid-19-chronicles-pa-shares-frontline-account/">https://www.aapa.org/news-central/2020/07/the-covid-19-chronicles-pa-shares-frontline-account/</a>

# **PROFESSIONAL ACTIVITIES**

# **TEACHING**

# **Medical Student Teaching:**

2018 – Present Clinical Preceptor for Duke and ECU PA students and Duke and UNC Chapel Hill medical students, continuous.

# **Graduate Student Teaching:**

2017	Tutor for Anatomy and Physiology, 2 ECU PA students, weekly tutoring sessions.
Fall 2022	Adjunct Faculty for Survey of Human Disease I, 100 Doctorate of Physical Therapy students, 2 credits.
Spring 2023	Adjunct Faculty for Survey of Human Disease II, 100 Doctorate of Physical Therapy students, 2 credits.
Spring 2023	Assistant Professor for PAS 2406 Medical Physiology and Pathophysiology, 100 Master of Science in Physician Assistant Studies students
Spring 2024	Assistant Professor for PAS 2406 Medical Physiology and Pathophysiology, 100 Master of Science in Physician Assistant Studies students
Summer 2024.	Assistant Professor for PAS 2410 Clinical Medicine 1 Lab, 98 Master of Science in Physician Assistant Studies Students
2024	Assitant Professor and Clinical Coordinator for PAS 2421 Internal Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students.
2024	Assitant Professor and Clinical Coordinator for PAS 2422 Family Medicine Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students.

2024 Assitant Professor and Clinical Coordiantor for PAS 2423 Emergency Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students. 2024 Assistant Professor and Clinical Coordinator for PAS 2424 Pediatric Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students. 2024 Assitant Professor and Clinical Coordinator for PAS 2425 Surgical Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students. 2024 Assitant Professor and Clinical Coordinator for PAS 2426 Behavioral Health Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students. 2024 Assitant Professor and Clinical Coordiantor for PAS 2427 OBGYN Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students. 2024 Assitant Professor and Clinical Coordinator for PAS 2428 Elective Medicine Medicine Supervised Clinical Practice Experience, 96 Master of Science in Physician Assistant Studies students.

<b>Curriculum Dev</b>	relopment/Teaching Products/Media Products:
2008	Creative Writing and Environmental Science Classes, developed curriculum and taught 2 groups of 16 middle school students in a summer enrichment program, Ulysses S. Grant Foundation.
2022 – Present	Clinical Year Education, assisted with the curricular and teaching material development for the clinical year of the University of Pittsburgh's Physician Assistant Studies Hybrid Program.
2022 – Present	PAS 2406 Medical Physiology and Pathophysiology Pathophysiology, developed the curriculum and teaching materials for the pathophysiology course for the University of Pittsburgh's Physician Assistant Studies Hybrid Program.
2023	Clinical Medicine I, developed module on TBI/Concussion for Clinical Medicine I course for the University of Pittsburgh's Physician Assistant Studies Hybrid Program.
2023	PreCEPT, co-directed the development of a preceptor education platform and developed educational material for various modules, University of Pittsburgh's Physician Assistant Studies Department.
2023	Future Educator Fellowship Presentation, developed a presentation for fellows on scholarship development.
2023	PAS 2421 Internal Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).

2023	PAS 2422 Family Medicine Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023`	PAS 2423 Emergency Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023	PAS 2424 Pediatric Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023	PAS 2425 Surgical Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023	PAS 2426 Behavioral Health Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023	PAS 2427 OBGYN Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).
2023	PAS 2428 Elective Medicine Medicine Supervised Clinical Practice Experience, developed all content and study materials for LMS system (Canvas).

# Other Teaching/Mentoring:

2011 – 2013	Proyecto de Pasos Adelante, Health Promotion Peace Corps Volunteer in Peru, trained 24 local teenagers to be youth health promoters in their communities, 2 hour session/week.
2012	Safe Zone Training, Health Promotion Peace Corps Volunteer in Peru, provided training to Peace Corps personnel in Peru to cultivate LGBTQ allies for volunteers.
2013	Health Promotion Peace Corps Volunteer in Peru, trained 20 district health workers on the formation and development of youth health promoters, 8 two hour sessions.
2013 – 2014	Tutor in Human Physiology, Organic Chemistry, and Spanish for UNCG undergraduates, small groups of 1-4 students, 6 hour sessions/week.
2022 – Presen	t Mentor for Pre-health undergraduate student at the University of Pittsburgh

# RESEARCH

# **Prior Grant Support:**

Grant Number	Grant Title	Role and Effort	Years Inclusive	Source \$ Amount
(funded)				
N/A	Viviendas	100%	2011-2013	Provincial
	Saludables con			Government of
	Letrinas y Cocinas	12 months		Chota, Peru
	Mejoradas Iraca			

Grande, Cajamarca, Peru		S/. 22,217 soles (\$8,229 USD)

#### LIST of CURRENT RESEARCH INTERESTS

- Innovative use of technology in the classroom
- > Increasing diversity in recruitment of PA students
- Maximizing efficacy of student advising and mentorship
- > Implementing most effective methods of asynchronous education to optimize student retention
- > Acquisition and retention of sufficienct, quality preceptors for clinical rotations
- > How to best prepare students and preceptors for a successful and productive clinical rotation

#### **INVITED SEMINARS AND LECTURESHIPS**

# **Regional Presentations:**

16 September 2022 Post

Poster Presentation: "Correlation of PA Student Outcomes and Direct Patient Care Clinical Education Hours." Presented with Rosa Fannie MPA, PA-C; Lauren Terhorst PhD; Shannon Schreckengost BA; Jamie Hammond MS, MPAS, PA-C; Julie Dubis MPA, PA-C; Jason Hare MPAS, PA-C; Aileen Brasacchio MEd; Antoinette Wilson MMS, PA-C; Amy Brown MPH, MS, PA-C; Christine Rodgers MPH, MPAS, PA-C; Lauren Taylor MPAS, PA-C; and David Beck EdD, MPAS, PA-C, DFAAPA. University of Pittsburgh School of Medicine, Seventh Annual Med Ed Day, Pittsburgh, PA

16 September 2022

Poster Presentation: "Description of an Innovative PA Studies Hybrid Education Program." Presented with Christine Rodgers MPAS, PA-C, MPH; Christina Davis MPAS, PA-C, MBA; Deborah Farkas PhD; Karthik Hariharan PT, MS; Ashley Firm PharmD; Tara McSwigan MPAS, PA-C; Daniel Tolomeo MS, PA-C; Lauren Taylor MPAS, PA-C; Kathryn Reed MS, PA-C, EMT-P, RYT; David Beck EdD, MPAS, PA-C, DFAAPA; Carlos Gutierrez EdD, MMS, PA-C; Susan Graff MS, PA-C; Tyler Sajdak BA. University of Pittsburgh School of Medicine, Seventh Annual Med Ed Day, Pittsburgh, PA

4 November 2022

Poster Presentation: "COVID-19 or COVID-28? The Long-Term Effects of Coronavirus Disease 2019." Presented with Kateryna Kocelko NRP, BS, PA-S and Lauren Taylor MS, PA-C. Pennsylvania Society of Physician Assistants, 47<sup>th</sup> Annual PSPA Fall CME Conference, Pittsburgh, PA

# **National Presentations:**

13 October 2023. Lecture Presentation: ""Developing a Preceptor Pathway: Building and Maintaining a Preceptor Network", PAEA 2023 Education Forum, New Orleans, LA

# **International Presentations:**

SERVICE		
<u>University</u>		
2021 – 2022	Wellness Ambassador, Duke Primary Care	
2022 – Present	Member, Admissions Committee, Physician Assistant Studies Hybrid Program, University of Pittsburgh	
2022 – Present	Member, Student Advisory Committee, Physician Assistant Studies Hybrid Program, University of Pittsburgh	
2022 – Present	Member, Program Executive Committee, Physician Assistant Studies Hybrid Program, University of Pittsburgh	
November 2022	Member, Scholarship Review Committee, School of Health and Rehabilitation Sciences, University of Pittsburgh	
2022 – Present	Mentor, Pre-Health Scholars Program, University of Pittsburgh	
Local/Community Serv	rice Activities	
2015-2016	PA Student Coordinator, Free Pitt County Care Clinic, coordinated coverage of free clinic with PA and medical students to provide supervised, free care to local community.	
2021 – 2022	Clinical Coordinator, Reach Out and Read Program, Duke Primary Care	
National Service		
2022 – Present	Member, Future Educator Development Steering Committee, Physician Assistant Education Association	
2023 – Present	Peer Reviewer, Conference Submissions, Physician Assistant Education Association Annual Education Forum	
International Service		
2011 – 2013	Health Promotion Volunteer, United States Peace Corps Service in Peru	
	Updated May 17, 2024	