

Kimberly Kubistek, OTD, OTR/L
Curriculum Vitae

Contact Information:

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Education

Misericordia University. Dallas, PA

2010 OTD, Clinical Doctorate in Occupational Therapy

Misericordia University. Dallas, PA

1996 M.S. in Occupational Therapy

Indiana University of Pennsylvania. Indiana, PA

1989 B.S. in Physical Education and Sports Science

Licensure/ Certification/Memberships:

PA OC005116L Occupational Therapy

NBCOT #1015725

AOTA, Active Member

POTA, Active Member

NANT (National Association of Neonatal Therapists)

Professional Employment:

2011 – Present Children's Hospital of Pittsburgh of UPMC
Pittsburgh, PA
Coordinator of Occupational Therapy Services

2003 – 2011 accessAbilities, Inc. (formerly known as United Cerebral Palsy of
Western PA)
Greensburg, PA
Occupational Therapist - Independent Contractor

1996 – 2003 Westmoreland Regional Hospital
Greensburg, PA
Staff Occupational Therapist

Academic Appointment:

- 2017 – Present University of Pittsburgh
Pittsburgh, PA
Adjunct Faculty
- 2013 – 2017 Misericordia University
Dallas, PA
Adjunct Faculty

Teaching Activities:

- 2013, 2014, and 2015 - Misericordia University
OT 690 Research Project I (1.5 cr)
- 2015, 2016, and 2017 - Misericordia University
OT 695 Research Project II (1.5 cr)
- 2015, 2016, and 2017 - Misericordia University
OT 570 Management and Entrepreneurship in OT (3 cr)
- 2013 University of Pittsburgh, Occupational Therapy Department
Guest Lecturer for Level I Fieldwork Camps
- 2013 – 2017 Misericordia University, Occupational Therapy Department
Guest Lecturer on Pediatric Neurodevelopmental Therapy and
Intervention
- 2018 – University of Pittsburgh
OT 2202 Therapeutic Approaches I (2 cr)

Professional Poster Presentations:

- 2018 Children's Hospitals Neonatal Consortium, Columbus, OH. The Use of
the NTrainer to Facilitate the Development of Feeding Skills in the Infant
With HIE.
- 2018 Pennsylvania Occupational Therapy Association Annual Conference,
Pittsburgh, PA. Current Feeding Interventions in Pediatrics: What is the
Evidence?
- 2018 National Association of Neonatal Therapists 8th Annual Conference
Charlotte, NC. Dr. Brown's Options Bottle® Effect on Flow Rates of
Nectar-Like Thickened Liquids
- 2017 AOTA, Philadelphia, PA
(a) Pre-feeding Skill Development in the Medically Complex Infant

(b) Flow Rates of Enfamil Cross-Cut and Dr. Brown's Y-Cut Nipples: A
Comparative-Effectiveness Study
- 2016 National Association of Neonatal Therapists 6th Annual Conference
Orlando, FL

- (a) Integrating Occupational Therapy and the NTrainer Into a Level IV, Volume Driven NICU to Facilitate Change in Feeding Practice
 - (b) Investigation of the Methods and Products Used to Thicken Infant Formula in U.S. Children's Hospitals: A Survey Study
- 2015 POTA, Scranton, PA. Investigation of the Methods Used to Thicken Formula
- 2013 POTA, Pittsburgh, PA. Family Centered Feeding Program for Medically Complex Children
- 2010 POTA, Scranton, PA. The Effects of Retained Primitive Reflexes in Children

Presentations:

- 2018 *Evidence-Based Sensory Processing Intervention, Policy and Procedures in Early Intervention.* accessAbilities, Inc, Greensburg, PA
- 2017 *Current Feeding and Swallowing Interventions.* By Kimberly Kubistek, OTD, OTR/L, Carrie Isasky MOT, OTR/L, Patricia Kovacs MSLP, CCC/SLP, Jennifer Rakers MSLP, CCC/SLP. Evidence Based Feeding Interventions, Third Annual Feeding and Swallowing Center Conference, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA.
- 2016 *Sensory Sensitivities With Food: How Did We Get Here?* By Kim Kubistek, OTD, OTR/L, & Amy Zuraski, M.S., OTR/L Practice and Patience: Strategies to Address Feeding Problems in Early Childhood, Second Annual Feeding and Swallowing Center Conference, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA.
- 2015 *Well-Behaved Sensory Supportive Environment for Children Birth to Five Years.* Building Blocks to the Future XIV Conference, LICC Westmoreland County. Main Lecturer (6 hrs).
- 2014 *Approach to the Patient with Problems Eating: Feeding and Swallowing Center Update.* Three Rivers Pediatric Update, Children's Hospital of Pittsburgh of UPMC, Pittsburgh, PA.
- 2010 *Movement and Learning: What's the Connection* Early Literacy Conference, Beginning With Books, Pittsburgh, PA.
- 2006 *Movement and Learning: What's the Connection*
- (a) Pennsylvania Head Start Conference, Harrisburg, PA.
 - (b) 42nd Annual PAEYC Conference, Pittsburgh, PA
 - (c) LICC, Building Blocks to The Future V Conference, Greensburg, PA

- 2004 *What is Sensory Integration and Sensory Integration Strategies in the Home/ Sensory Diets*
LICC, United Way & Arc Westmoreland County, Building Blocks to the Future II Conference– Ages and Stages, Greensburg, PA.
- 2003 *Learning is Not All In Your Head, A Day of Sensory Integration and Brain Gym Activities* Conference with Carol Kranowitz, M.A., Kimberly Kubistek, M.S. OTR/L, Mary Rentschler, M.Ed
Developmental Delay Resources, Greensburg, PA.
- 2003 *Integrating Biomedical and Educational Interventions For Children With Autism Spectrum Disorders* with Franne Berez, MD, Kelly Dorfman, LD, LN, Kim Kubistek, M.S.,OTR/L, and Patricia Lemer, M.Ed, NCC.
Pittsburgh, PA
- 2002 *What is Sensory Integration and Sensory Integration Strategies in the Home/ Sensory Diets* (a) WHO Headstart, Greensburg, PA, (b) Northwestern Human Services, Westmoreland and Beaver County, (c) Family Care Services, Butler, PA, (d) Building Blocks to the Future, sponsored by LICC and FRNS Westmoreland County
- 1999-2002 *Sensory Integration and Pediatric Occupational Therapy*, Westmoreland Regional Hospital; The Healthplace at Westmoreland Mall, provided community education 2-3 times per year

Quality Improvement/Research Projects:

- 2017-2018 Determining the Viscosity of Nectar Thickened Infant Formula
- 2016-2018 The Use of The NTrainer to Facilitate the Development of Feeding Skills in the Infant With HIE
In collaboration with Dr Beverly Brozanski & Dr Anthony Rudine
- 2015-2016 Beckwith Grant Award: Infant-Driven Feeding in the NICU: A Quality Improvement Project, Primary Sponsor Kelly Fill, M.S., OTR/L, Secondary Sponsor Kim Kubistek, OTD, OTR/L
- 2015 Flow Rate of Nectar-Thickened Formula Using Dr Brown's® Options Bottle: A Comparative Effectiveness Study
- 2014 Flow Rates of Enfamil Cross-Cut and Dr Brown's® Y-Cut Nipples: A Comparative Effectiveness Study

2013 Investigation of the Methods and Products Used to Thicken Infant
Formula in U.S. Children's Hospitals: A Survey Study