

## Julia Lam, OTD, OTR/L Curriculum Vitae

### Biographical Information

**Email Address:** [jul94@pitt.edu](mailto:jul94@pitt.edu)

**Business Address:**

University of Pittsburgh School of Health and Rehabilitation Sciences  
Department of Occupational Therapy  
Bridgeside Point I, Suite 350  
100 Technology Drive  
Pittsburgh, PA 15219

### Education and Training

**Undergraduate:**

|           |  |                         |  |
|-----------|--|-------------------------|--|
| 2016-2020 | Department of Community Health Services and Rehabilitation Science, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA | BS, 2020<br>Certificate | Rehabilitation Science<br>Psycho-Social Issues in Rehabilitation |
|           | Department of Psychology, Dietrich School of Arts and Sciences, University of Pittsburgh, Pittsburgh, PA   | BS, 2020                | Psychology   |
|           | Department of Studio Arts, Dietrich School of Arts and Sciences, University of Pittsburgh, Pittsburgh, PA  | Minor                   | Studio Arts  |

**Graduate:**

|           |  |           |                      |
|-----------|--|-----------|----------------------|
| 2020-2023 | Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA | OTD, 2023 | Occupational Therapy |
|-----------|--|-----------|----------------------|

### Appointments and Positions

**Academic Positions:**

| <u>Years Inclusive</u> | <u>Department, Name, Location of Institution</u>  | <u>Title</u>       |
|------------------------|---|--------------------|
| Oct 2020 - May 2023    | Rehabilitation Health Services Research Lab, Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA | Research Assistant |
| Apr 2024 - Present     | Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA  | Adjunct Instructor |

**Non-Academic Positions:**

|                     |  |  |
|---------------------|--|--|
| Oct 2023 - Mar 2024 | Outpatient Occupational Therapy, University of Pittsburgh Medical Center (UPMC) Rehabilitation Institute, Pittsburgh, PA | Float Occupational Therapist, Casual       |
| Oct 2023-Present    | Outreach Therapy, Pittsburgh, PA   | Executive Director, Occupational Therapist |

### Certification and Licensure

**Professional Certification and Licensure:**

|   |              |
|---|--------------|
| National Board for Certification in Occupational Therapy, #493499 | 2023-Present |
| State of Pennsylvania Occupational Therapy License, #OC019272     | 2023-Present |

**Memberships in Professional and Scientific Societies**

|   |              |
|---|--------------|
| American Occupational Therapy Association (AOTA), #4608137<br>AOTA Mental Health Special Interest Section, Homelessness Community of Practice | 2020-Present |
|---|--------------|

|   |              |
|---|--------------|
| Pennsylvania Occupational Therapy Association (POTA), #66464958 | 2020-Present |
| Street Medicine Institute (SMI), #4567                          | 2022-Present |

### Honors and Awards

|   |      |
|---|------|
| Pi Theta Epsilon, honor society of the American Occupational Therapy Foundation   | 2021 |
| E.K. Wise Scholarship, American Occupational Therapy Association  | 2021 |
| Dr. & Mrs. Alexander Minno Student Resource Award, Pitt Alumni Association, University of Pittsburgh, Pittsburgh, PA  | 2021 |
| Dr. Timothy C. and Mrs. Cynthia B. Sell Student Award Promoting Diversity, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA                         | 2022 |
| Alumni Endowed Merit Scholarship, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA  | 2022 |
| OT Student Award of Recognition, Pennsylvania Occupational Therapy Association  | 2022 |
| First Professional Prize, University of Pittsburgh 2023 Health Disparities and Social Justice Poster Competition, "A future beyond survival: Occupational therapy's role in homelessness" | 2023 |
| Joan C. Rogers Occupational Therapy Student Award, Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA   | 2023 |
| Ivan and Mary Novick Award for Young Alumni Leadership, Pitt Alumni Association, University of Pittsburgh, Pittsburgh, PA   | 2023 |

### Professional Activities

#### *Non-Peer-Reviewed Manuscripts in Professional Publications* (\*First Author)

1. \***Lam, J.**, Webb, A., White J. S., & Leland N. E. (October, 2021). An Occupational, Strengths-Based Approach to Bridge the Gap in Transgender Healthcare. *OT Practice*. OT Practice, 26(10):26-28

#### *Doctoral Capstone*

1. **Lam, J.** (2023) Clinical practice guideline: Occupational therapy for the life transition from homelessness to permanent housing [Unpublished doctoral capstone]. University of Pittsburgh, Pittsburgh, PA.

#### *Grant Activity*

| <u>Grant #</u> | <u>Grant Title</u>   | <u>Role</u>                         | <u>Years Inclusive</u> |
|----------------|--|-------------------------------------|------------------------|
| N/A            | Interprofessional Education Seed Grant, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA | Mentor to Jatin Singh, Student Lead | 2023-2024              |
| N/A            | Outreach Therapy: Facilitating Life Transitions out of Homelessness, Mary Hillman Jennings Foundation, Pittsburgh, PA          | Outreach Therapy Executive Director | 2024-2025              |

#### *Professional Presentations* (\*First Author)

##### International

1. \***Lam, J.**, White, A. M. (September 30, 2023). *Life beyond survival: Mental health occupational therapy in street medicine*. Podium presentation at the International Street Medicine Symposium. London, England.

##### National

1. \***Lam, J.** (October 16, 2023). *Homelessness and rehabilitation: Lessons from street medicine*. Podium Presentation at the American Medical Rehabilitation Providers Association. Dallas, Texas.

##### Regional

1. \***Lam, J.** (Mar. 30, 2023). *A future beyond survival: Occupational therapy's role in homelessness*. Poster presentation at the University of Pittsburgh Health Disparities and Social Justice Poster Competition.

2. White, A. M., Withers, J., Gumucio, J. A., **Lam, J.** (April 8, 2023). *Beyond shelter: Housing instability as healthcare instability & strategies to improve outcomes*. Panel presentation at the Student National Medical Association (SNMA) Annual Medical Education Conference. Hartford, CT.
3. Alchin, T, Cangelier, A., Kaschak, A., **Lam, J.**, Zewe, T. (April 25, 2023). *Enhancing preparation for community re-integration during long-term psychiatric hospitalization*. Poster presentation at the University of Pittsburgh Occupational Therapy Colloquium. Virtual.
4. **Lam, J.** (April 22, 2024). *Occupational therapy for health and housing*. Inservice presentation for the weekly Allegheny County Street Outreach Coordination Meeting. Virtual.
5. **Lam, J.** (May 6, 2024). *Occupational therapy for health and housing*. Inservice presentation for the Allegheny County Department of Human Services (DHS) Contracted Providers Meeting. Virtual.

## **Teaching**

### **University of Pittsburgh Department of Community Health Services and Rehabilitation Science**

#### ***Undergraduate Program in Rehabilitation Science (RS), Invited Lecture***

1. Course Title: Case Studies in the Health and Rehabilitation Sciences (HRS 1001) (Spring 2024)

Contact Hours; Number of Lectures: 2 hours; 1 lecture/term: April 3, 2024, 2:00 - 4:00 PM

Description: Engage students interested in rehabilitation sciences in case studies demonstrating interprofessional collaboration for patients experiencing homelessness utilizing a street medicine approach. Educate on the role of occupational therapy for people experiencing homelessness and facilitate student practice of key rehabilitation skills pertaining to a case example.

## **Service**

### **American Occupational Therapy Association (AOTA)**

1. Mental Health Special Interest Section Professional Development Intern 2021-2022

### **University of Pittsburgh**

1. Student Mental Health Liaison, Student Occupational Therapy Association 2021-2022
2. Chapter Chair, Coalition of Occupational Therapy Advocates for Diversity (COTAD) 2020-2023
3. Facilitator, Occupational Justice Diversity, Equity, and Inclusion Journal Clubs 2020-2023

### **Clinical and Community**

#### ***Street Medicine at Pitt***

1. Interprofessional Team Coordinator 2021-2022
2. President 2022-2023
3. Volunteer Occupational Therapist 2023-Present