

120 N. Jefferson St. Apt. 3 • Zelenople, PA 16063 - Cell: 724-584-0348 - E-Mail: Victoria.gressang@yahoo.com

Licenses:

State of Pennsylvania Physical Therapy, License Number PT023923

Professional Memberships:

- American Physical Therapy Association (APTA) member *2012-Present*
- Pennsylvania Physical Therapy Association member *2012- Present*
- Neurology Section Member *2013- Present*

Professional Experiences:

UPMC Centers for Rehab Services Neurologic Residency Program *August 2014-November 2015*

Neurologic Residency Enrichment Opportunities:

- 150 Hours of one-on-one mentoring with Neurology Certified Clinical Specialists and other experts in the field of Neurology Physical Therapy
- Grand Rounds Presentation: University of Pittsburgh Doctor of Physical Therapy Program
 - Presentation Title: “To Walk or Not to Walk, That is the Question Post Spinal Cord Injury”
- Present Journal Club: Mercy Hospital Rehabilitation Staff
 - “Presentation and Management in Patients with Fahr’s Syndrome”
- Spinal Cord Clinic: Mercy Hospital Outpatient Physical Medicine and Rehabilitation
 - Perform Physical Therapy screenings at follow-up appoints for patients post Spinal Cord Injury
- University of Pittsburgh- Teaching Assistant
 - Neuromuscular I, II, III
 - Assist professor with laboratory sessions by facilitating learning, discussion, and student’s handling techniques
 - Develop and perform lecture during Amytrophic Lateral Sclerosis unit
 - Cardiopulmonary I, II
 - Assist professor with laboratory sessions via answering student questions and facilitating learning of cardiopulmonary assessment techniques
 - Assess student performance at both skill checks and practical examinations

Neurologic Residency Clinical Experiences:

- Stroke Rehabilitation Experience
 - Communicate effectively with rehabilitation team: PM&R doctors, Nursing, Neuropsychologist, Speech Language Pathologist, and Occupational Therapist
- Acute Neuro-trauma Experience
 - Assess and evaluate current level of impairment and develop comprehensive plan of care
 - Observe angiogram and carotid stenting procedure with advanced imaging services
 - Perform Normal Pressure Hydrocephalus trial and assessment
- Spinal Cord Injury Rehabilitation Experience
 - Discuss with mentor specific treatment method, clinical knowledge, critical thinking, and strategies to improve professional communication
- Brain Injury Rehabilitation Experience
 - Attend the Spasticity Clinic for baclofen pump assessment and botox injection treatments
 - Provide input during multiple orthotic consultations and observe Orthotist and Prosthetist during fabrication of devices
- Outpatient Neurology/Vestibular Experience
 - Evaluate and Treat a wide range of diagnoses including: Post-polio syndrome, Amputees, Vestibulopathy, Meniere’s disease, Benign Paroxysmal Positional Vertigo, Stroke, Brain Injury, and Spinal Cord injury
 - Observe EMG/NCV study, attend Multiple Sclerosis Clinic, Parkinson’s Disease Clinic, and Amytrophic Lateral Sclerosis Clinic
 - Attend clinic at the Eye and Ear Institute; observation with Neuro-otologist, vestibular testing, and audiological testing

- Outpatient Concussion Experience
 - Perform exit tests and exertion therapy post concussion in preparation for return-to-play and recreation activities
 - Attend Pediatric concussion clinic, Vision Therapy, observe Neuro-optometrist, and Neuropsychologists
 - Determine appropriate referrals and communicate effectively with other providers including: Neuro-optometrist, orthopedic/cervical physical therapist, exertion therapy, psychotherapy, migraine stress and anxiety medication management

Education:

Slippery Rock University, Slippery Rock, PA

Doctor of Physical Therapy

August 2012- May 2014

Bachelor of Science, Exercise Science - Magna Cum Laude

August 2008- May 2012

Continuing Education:

University of Southern California Neurologic Physical Therapy Professional Education Consortium:

Los Angeles, CA

July 2015 - December 2015

- Comprehensive, multi-disciplinary approach to improve clinical knowledge as it relates to neuro-rehabilitation including: Motor control and learning, neuro-imaging, vestibular rehabilitation, maximizing clinical outcomes, and wheelchair seating and positioning
- Collaboration with multiple residency programs from across the country during two four day on-site modules in addition to 26 online webinars

Oncology Course: Pittsburgh, PA

October 2015

- Understand strategies to identify diverse effects of cancer and cancer treatments that may impact balance and increase risk for falls
- Apply appropriate outcome measures to capture balance problems, fall risk and chemotherapy induced peripheral neuropathy

Advanced Vestibular Course: Pittsburgh, PA

May 2015

- Learn the mechanism of VOR, motion sickness, postural control, and how mood confounds diagnosis and treatment
- Improve ability to identify mild traumatic brain injury, other eye movement dysfunctions, central vs peripheral dysfunction, and how all relate to vestibular physical therapy management

The Impact of Physical Therapy Intervention on Neuroplasticity: Chicago, IL

April 2015

- Understand current concepts in neuroplasticity specifically in patients with neurological impairments secondary to trauma and with neurodegenerative disorders through evidence based techniques and clinical cases
- Develop strategies to implement clinical interventions to maximize patient potential for neuroplasticity

Current Concepts in Brain Injury Rehabilitation Course: Pittsburgh, PA

November 2014

- Understand treatments and strategies employed at the UPMC Rehabilitation Institute
- Attend lectures covering Agitation and Brain Injury, Advanced Imaging, TBI Model Systems, and Chronic Traumatic Encephalopathy

Basic Clinical Instructor Course: Pittsburgh, PA

October 2014

- Develop strategies to plan and prepare for having Doctor of Physical Therapy Student
- Perform student assessments and problem solve on strategies to improve Clinical Instructor-student communication
- Understand legal issues in clinical education